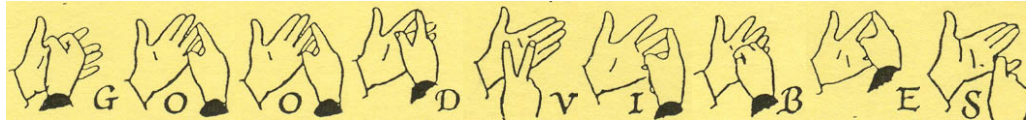


*Services for people who are deafblind or blind, with additional disabilities*


# **GOODVIBES**



**Issue 6 – July 2006**

**WELCOME TO THE LATEST EDITION!**

See inside for:

- **Deafblind Awareness Week Forum**
- **Senses Respite Weekend**
- **Census 2006 (p.8)** 
- **Resources and Information**

## **SENSES FOUNDATION (Inc) CONTACT DETAILS**

**These contact details are current as of JULY 2006**

<b>Administration</b>	<b>9473 5400</b>
<b>FAX</b>	<b>9473 5499</b>
<b>TTY</b>	<b>9473 5488</b>
<b>Email</b>	<b><u><a href="mailto:reception@senses.asn.au">reception@senses.asn.au</a></u></b>

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## SPECIALIST SERVICES STAFF TIMETABLE

<b>Sue-Ellen Buckley</b> <i>(Manager Specialist Services)</i>	<b>Monday – Friday</b> 9am – 2:30pm	<b>9473 5458</b>
<b>Sharon Barrey Grassick</b> <i>(Communication Specialist)</i>	<b>Tuesday – Wednesday</b> 9am – 5pm	<b>9473 5431</b>
<b>Nigel Bayton</b> <i>(Communication Facilitator)</i>	<b>Tuesday</b> 9am – 5pm <b>Wednesday</b> 1pm – 5pm <b>Friday</b> 9am – 5pm	<b>9473 5429</b> <b>0411 128 810</b>
<b>Karen Wickham</b> <i>(Social Worker)</i>	<b>Monday</b> 9am - 2pm <b>Wednesday</b> 9am – 4:30pm <b>Thursday</b> 9am – 4:30pm	<b>9473 5462</b>
<b>Sophie Atkinson</b> <i>(Occupational Therapist)</i>	<b>Thursday</b> 8:30am – 4pm <b>Friday</b> 8:30am – 3pm	<b>9473 5451</b> <b>0437 302 898</b>

## COMMUNITY SERVICES STAFF TIMETABLE

<b>Richard Long</b> <i>(Manager Community Services)</i>	<b>Monday – Friday</b> 9am – 5pm	<b>9473 5463</b>
<b>Nigel Bayton</b> <i>(Community Options Coordinator)</i>	<b>Monday</b> 9am – 5pm <b>Wednesday</b> 9am – 12:30pm <b>Thursday</b> 9am – 5pm	<b>9473 5429</b> <b>0411 128 810</b>
<b>Karen Kerr</b> <i>(Respite Coordinator)</i>	<b>Monday</b> 9:30am – 2:30pm <b>Tuesday</b> 9:30am – 2:30pm	<b>9473 5443</b>
<b>Clare Long</b> <i>(Respite Coordinator)</i>	<b>Wednesday</b> 9:30am – 2:30pm <b>Thursday</b> 9:30am – 2:30pm	<b>9473 5443</b>
<b>Pauline McGeowan</b> <i>(Aged Care Coordinator)</i>	<b>Monday – Friday</b> 8:30am – 4:30pm	<b>9473 5461</b>
<b>Mike House</b> <i>(Project Officer)</i>	<b>Monday – Tuesday</b> 8:30am – 5pm	<b>9473 5451</b>

*Services for people who are deafblind or blind, with additional disabilities*

## **Hello from Specialist Services!**

Hi all! Welcome to our quarterly GoodVibes newsletter, compiled with the aim to provide relevant information and latest findings in the field of deafblindness.

Many significant changes have taken place within Client Services to further facilitate and develop the program, including the development of new roles and employment of team members, restructure of the client services directorate and ongoing service development.

Commencing this next week are two new staff members to our teams, and I take this opportunity to introduce Richard Long – Community Services Manager and Clare Long – Respite Coordinator, within the Community Services program.

Clare will be sharing the role of Respite Coordinator with Karen Kerr, and both Clare and Richard come to us with extensive experience working within the disability sector and a passion for this field.

Other staff changes have taken place. Nigel Bayton will work in secondment to Mike House for 12 months as a part-time Community Options Coordinator (past title Recreation Coordinator) within the Community Services program. He will also continue to work in his part-time role as Communication Facilitator within the Specialist Services program.

Mike House will be working for 12 months implementing two successful grant applications, 'Circles of Support' and 'Walking Project'. The Circles of Support concept is to develop and foster relationships, individual participation and inclusion. A group of people meet together on a regular basis to help an individual accomplish their personal goals in life.

The purpose of the Walking Group recreation grant is to build partnerships with the Bibulmun Track Foundation and the Town of Bassendean, to facilitate the inclusion of people who are deafblind or vision impaired with additional disability, into walking groups.

We are currently looking for a new physiotherapist.

Recently, a major event recognising deafblindness and the deafblind community took place, with the annual Deafblind Awareness Week. The Specialist Services team were instrumental in planning a forum, conducted 27/6/06 the date of Helen Keller's birth date. The theme adopted was 'Celebrating Western Australian Achievements' and local individuals who are deafblind were invited to tell their remarkable story and provide insight into their achievements. This event was held at the State Library, Northbridge. An invitation was extended to the general public via a marketing direct-mail campaign, along with media advertisement with an

editorial in the 'Have a go News' newspaper and television advertisement during Channel 7 news weather, prior to the event.

Six presenters provided inspirational recounts of their story, including a mother of a child who is deafblind. Sharon Barrey Grassick and TAFE students studying Auslan, with a special

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interest in deafblind communication, presented an overview of deafblind communication techniques.

The overall event was a wonderful success. If you were unable to attend this fabulous event, you can view the speakers' inspirational presentations, located in the Events section of the Senses website: [www.senses.asn.au](http://www.senses.asn.au)

Another forthcoming event includes a Carers Retreat Weekend at the Rendezvous Hotel 19 – 20/8/06. Successful grant submissions have made this unbelievably fabulous opportunity possible. The Carers Retreat Weekend is available for any carer of a child who is deafblind or vision impaired with additional disability. As a requirement of the grant funding, workshops will be included at the weekend retreat, addressing 'Grief and Loss' and 'Sibling Issues'. Further information regarding this retreat is below.

This past financial year has been an extremely busy, yet rewarding time for the team. We look forward to working together to provide a great service to our clients and their families. Your input and feedback is always invaluable to ensure we provide an optimal service and we always look forward to hearing from you.

Regards  
Sue-Ellen Buckley



## **PARENTS RESPITE WEEKEND IN A 5 STAR RESORT FOR YOU!**

Dear Parents, planning is progressing well for our "Respite Weekend". The weekend has been set for the 19<sup>th</sup>/20<sup>th</sup> of August at Rendezvous Hotel, Observation City. Under the conditions of the grant funding and in response to your requests, we will be offering workshops related to "grief and loss" and also "siblings issues". These workshops will be run on the Saturday, with an indulgent evening meal together that night.

A pampering/recreation session is included in the Respite Weekend offering treatments such as Swedish Massage, luxurious facials, manicures and pedicures to name but a few!

This is your opportunity to take a well deserved break in a 5 star resort, enjoying an environment that encourages relaxation, fun and reenergizing.

If you are interested in attending part or all of this wonderful weekend, please contact Karen Wickham, Senses Foundation (Inc.) Social Worker on (08) 9473 5762.

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**Deafblind International 14th World Conference  
Perth, Western Australia  
25th – 30th September 2007**



*It is only sixteen months to THE conference!*

Senses Foundation (Inc.) is pleased to invite you to the Deafblind International 14<sup>th</sup> World Conference to be held in September 2007 at the Intercontinental Burswood Resort. This will be one of the few times a Deafblind International World Conference has been held in the Southern Hemisphere. The conference theme **“World Wide Connections, Breaking the Isolation”** focuses on the very essence of what we hope to achieve through participation in international conferences – breaking down the barriers and building worldwide connections and networks amongst countries and organisations. The Scientific Committee has representation from around the world and is developing a program which promises to be as diverse and interesting as the Committee themselves.

**This will be a conference not to be missed!**

## Pampering Session

Friday 19<sup>th</sup> May, 2006

What happens when you get women together for some pampering? Apart from delicious food, laughs and an opportunity for conversation, you get some fantastic nail creations!

With funding received through Carer’s WA, Senses Foundation was able to provide the opportunity for some relaxation and a chance to spend time with other ladies. Obviously, it is very difficult for carer’s to find time for those “little extra’s” that can contribute to one’s individual wellbeing. We look forward to providing more opportunities like this in the future.



See the previous page for information about the Respite Weekend planned for parents in August. A lot of interest has already been expressed in this initiative – it is sure to be a valuable experience for those who attend.

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## **Kalparrin Centre**

Located near Princess Margaret Hospital, the Kalparrin Centre provides practical and emotional support to families of children with special needs. This includes parents whose children do not attend PMH.

The Centre is open to any family member of a child with a disability or special needs regardless of degree of severity or type of impairment.

**The Kalparrin Centre will be offering members with a “Carer Massage” form July 4 to late August. To access this service you need to be the primary caregivers of a child with special needs (i.e. Mother/father/Grandparent).**

**Kalparrin are also seeking expressions of interest for “Couples in a Caring Role”, a skills based weekend workshop to be held at Hilary’s Boat Harbour in September (RSVP – Friday 28<sup>th</sup> July).**

For more information on becoming a member or to book a massage contact the Centre on  
(08) 9340 8049 or  
Freecall 1800 066 413.  
Email queries to [kalparrin@iinet.net.au](mailto:kalparrin@iinet.net.au)

## ***Deafblind Awareness Week Forum***

*“What an uplifting experience today. I am so glad I was there! I thought it was superb! .....TAFE people were brilliant - the hands on was great.*

*Thank you for the invitation.” (Vicki Levitzke Visiting Teacher of the Deaf)*

This comment is but one of the many received about the Senses Deafblind Awareness Week Forum. Held at the Alexander Library Theatre on Tuesday 27 June, with the theme of “Celebrating Western Australian Achievements”, the forum was inspirational.

Those who attended had the opportunity to mingle at a delicious morning tea and gain some insight into the history of Deafblind Awareness Week, now celebrated around the world. Sharon Barrey Grassick and her TAFE students offered an interactive session on Deafblind communication methods including tactile finger spelling. We were also treated to an impromptu performance by Cassandra Ingley, a four-year-old bundle of energy who really stole the show!

## *Services for people who are deafblind or blind, with additional disabilities*

A display of pottery by Mark Landon was also a feature at the forum. Mark has been pottering away (pardon the pun!) for some time and has made a number of coffee mugs for Senses staff. Thanks Mark!

Our sincere thanks are extended to all of our presenters who took time out of their busy schedules to share their stories and wisdom with people who attended the event. Those presenters were:

- Alyce Younger
- Jane Tucker
- Sharyn Mitchell
- Marie and Cassandra Ingley
- Steve Ohl
- David Carrington
- Sharon Barrey Grassick and TAFE students.

## From a volunteer's perspective.....

Hi there! My name is Michellan and I have been working at Senses Foundation (Inc.) as a volunteer for about 12 months now. My work history is in Aged Care and I have had the most



amazing experiences working with individuals and families affected by dementia. At present I am a full time student at Edith Cowan University, studying Health Promotion. I am often asked why I chose to volunteer at Senses Foundation and although I have no definitive answer to that question, I came away from the forum with my motivation firmly intact!

The past twelve months have been a real learning experience. Whilst I work in the office and have only a small amount of direct contact with clients, my own awareness of Deafblind issues has grown with each task I am involved in. Attending the forum jogged my memory; I remember having to do a speech in year 10 for an English assessment on the theme "Hero's." I chose to talk about Helen Keller. This amazing story captured my attention. I have always admired people who have overcome all types of communication barriers. It makes me realise that it is others who are often vision and hearing "impaired" – we are often deaf to opportunities and blind to any communication that deviates from our usual expectations.

I think the forum was a great way to increase awareness about what it means to live day-to-day with any condition that results in deafblindness (of varying degrees), for individuals, their families and friends. Some of the speakers said that having the opportunity to share their experience in such a forum was in itself a huge achievement, taking them another step towards acceptance; not only limitations, but also their **strengths** as individuals, employees, parents, spouses, friends and relatives.....

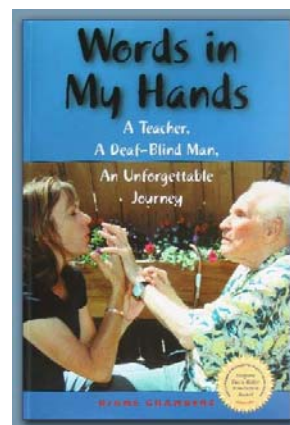
I am very pleased that I was able to attend this event - congratulations to the organisers and presenters.

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## RESOURCES

Diane Chambers  
Author of Words in My Hands

“I am a sign language interpreter in Colorado and author of “Words in My Hands.” This is a true story about my work with Bert Riedel an elderly deaf-blind man who played classical piano. Before he lost his sight and hearing to Usher Syndrome he was a dentist in Lombard Illinois. I met Bert when he was eighty-six-years old. I was his sign language teacher and I taught him tactile sign language which he nearly mastered before he passed away in 2003.”



While the story illustrates psychosocial factors that complicate the disabilities of deafness and deaf-blindness, and the critical issue of language development for the deaf, it carries an inspirational message as well. This book is a good resource for educators, interpreters, rehabilitation counsellors, and other professionals who work or interact with the deaf, blind, elderly, or disabled.

For more information about this publication go to the following website:

[www.ellexpress.citymax.com](http://www.ellexpress.citymax.com).

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The CHARGE Syndrome Foundation now has available on the Internet in PDF format the following publication:

### “CHARGE Syndrome: A Management Manual for Parents”

Go to [www.chargesyndrome.org/resources-manual.asp](http://www.chargesyndrome.org/resources-manual.asp)  
This address will take you straight to this resource.



You can access it section by section or download the entire Manual.

The project of updating the Manual is just commencing and as sections are updated, they will be replaced. All sections are dated so you can tell which sections are new.

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**"You Gotta Get Up"**



**By Leonie Cecich**

Fun and funky songs written for children with special needs  
A Book and CD with Teaching Suggestions, Sheet Music and Lyrics  
By Leonie Cecich (B.Ed)

This is a selection of instructional songs aimed at children with special needs. These original and upbeat songs reinforce the therapy concepts set in place for Early Intervention by physiotherapists, occupational therapists, psychologists and speech pathologists.

Leonie is a Primary School Music Specialist; she has a seven year old son with Down Syndrome.

*"You Gotta Get Up" is available from Kids 'n' Music for \$60 (+ \$5 P&P).*

A \$2 donation of each sale will go to the Down Syndrome Association of WA.

**Kids 'n' Music**  
**Ph/Fax: 08 9291 9959**  
**PO Box 1015**  
**KALAMUNDA WA 6926**  
**tlcecich@bigpond.net.au**  
[www.kidsnmusic.com.au](http://www.kidsnmusic.com.au)

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## CENSUS 2006

An opportunity to express your communication and other needs!

The 2006 Census will include questions on disability and will provide an opportunity for people with deafblindness or other disabilities to express their unique needs. This is a chance for you to tell the government about any access issues you may have, particularly those involving the need for a communication facilitator or interpreter to enable participation in the community.

***Excerpt from Acrod News Update, 5 July 2006***

"The Australian Bureau of Statistics (ABS) has confirmed that the 2006 Census of Population and Housing will include questions on disability. The questions will focus on the 'need for assistance'. The area-specific data generated should greatly enhance planning by governments and service providers.

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The ABS has conducted a Survey of Disability, Ageing and Carers in 1993, 1998 and 2003; however, this survey (which involves only a sample of households) does not provide reliable small-area data. Because the Census goes to every Australian household it will provide precise neighbourhood data.

The Census will be conducted on 8 August 2006 and the first release of data should occur by June 2007.

The Census will ask whether the person ever needs someone to help with, or be with them for self care activities (eating, showering, dressing, toileting etc); body movement activities (getting out of bed, moving around the home or at places away from home etc); or communication (understanding, or being understood by, others).

Respondents will have the option in each case of answering whether the assistance required is always, sometimes or never. They will then be asked the reasons for the need for assistance.

The campaign to include a need for assistance question on the Census has been long. ACROD has been represented on an ABS advisory group established to consider the possibility of a disability question.

Questions relating to disabilities were included in the 1911, 1921 and 1933 Censuses. In those Censuses respondents were simply asked to indicate whether they were deaf, dumb or blind. A more general question on the effect of disability was asked in the 1976 Census, but the quality of data obtained was poor and no results were released"

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**DO YOU HAVE ANYTHING TO SAY?**

Senses Foundation recognises that feedback from staff; clients; their representatives and families; volunteers; visitors; supporters; sponsors and contractors improves the Foundation's ability to provide a high standard of care and service.

Suggestions, comments and complaints about all aspects of the service provided by Senses Foundation and the relationship between Senses Foundation and its employees is encouraged and will be dealt with in a fair, prompt and confidential manner, ensuring that there is no retribution for the comments made.

Please talk to a staff member by phone or in person, write a letter or contact the Services Manager, Senses Foundation (Inc.) on (08) 9473 5400.

Senses Foundation (Inc.) appreciates you taking time to tell us what you think.

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Source: Macular Degeneration Foundation Newsletter: 1<sup>st</sup> Edition 2006

***The Macular Degeneration (MD) Foundation trials new exciting Adaptive Technology***

"A gentleman recognised the difficulty his mother in law was experiencing with MD. Her main frustration was her inability to access newspapers and reading material of her own choosing. He set about inventing a device that was "low tech" and sturdy with minimal buttons. He did so well he finally landed on the Inventors on ABC TV

The invention, called "The Navigator," has been developed by a private company called Audio Read. It is approximately 15cm (6 inches) long and 5cm (two inches) wide with 8 buttons and reads aloud books, magazines and daily newspapers of your choosing.

The material is accessed through a local library connected to the program, a computer with broadband or through a small digital 'black box' installed in the home. The local library model is considered important to enable access and equity for the Macular Degeneration Community.

It is exciting that technology which is simple, user friendly and accessible can bring real improvement in the quality of life of those with MD. The next stage of this project is to increase the number of libraries involved with the program.

For enquiries about the product contact:

Audio-Read PTY Limited.

Suite 65 Wattle Street

Ultimo NSW 2007

Tel 02 9212 5535

Fax 02 9212 5536

Email [info@audio-read.com.au](mailto:info@audio-read.com.au)

Web [www.audio-read.com.au](http://www.audio-read.com.au)

[www.facs.gov.au/newsletters/disability/2005/issue45.htm#4](http://www.facs.gov.au/newsletters/disability/2005/issue45.htm#4)

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**Young Carers – Did you know...?**

Carers WA have a counselling service available to young people, up to 25 years of age, who are carers of people with any kind of disability.

To access this service you can telephone 1800 007 332 24 hours a day, or you can talk to a counsellor over the internet by sending an email to [chat@carerswa.asn.au](mailto:chat@carerswa.asn.au).

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If parents or guardians would like to speak to someone about this service you are welcome to call Sam at Carers WA on (08) 9202 8621 or 1800242636.

## ACROD News Update

ACROD recently included the following updated information on its 'What's New' home page at <http://www.acrod.org.au>.

### **Changes to Workplace Modification Scheme**

The Workplace Modification Scheme (WMS) removes barriers to employment for people with disabilities. The scheme assists employers as well as workers with a disability by reimbursing the cost of purchasing workplace modifications and equipment. The 2005 Federal Budget significantly boosted the WMS by providing an additional \$25 million over 4 years.

Following consultations with key stakeholder's changes have been made to the scheme. The changes are designed to make the WMS simpler and more responsive to the needs of workers with a disability.

Some of the more significant changes are:

- there is no longer a notional limit to the funding that each eligible worker can receive;
- employer contributions can now be non-financial and can include such things as training or providing flexible working conditions;
- quotes will not be required for items under \$2500;
- Items between \$2500 and \$5000 will require only one quote (items over \$5000 will still require 3 quotes); and
- there is only one application form, which can be submitted by employer or service provider by fax, email or post

All people with a disability are eligible to access this initiative. They do not need to be the client of an employment service.

The changes also include the addition of a 13 week Outcome Survey, which is to be completed by all applicants who receive assistance. From this DEWR will evaluate the quality of assistance being provided.

Detailed information and the Workplace Modifications Guidelines are available at [www.jobable.gov.au](http://www.jobable.gov.au).

### **National Relay Service reaches out!**

*[Source: Acrod News Update 10 April - 4 May 2006](#)*

"The Minister for Communications, Information Technology and the Arts has just announced that Westwood Spice have been selected to deliver outreach services for the National Relay Service from 1 July 2006. The service helps people who are deaf or having a

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hearing or speech impairment by providing them with a standard telephone service comparable to the service available to other Australians. The outreach service is designed to increase awareness and acceptance of the relay service, offer information, and provide support and training to users and potential users.

Calls made through the service are assisted by a relay officer so that people can type and read the conversation via a telecommunication device such as teletypewriters (TTYs). In most cases the relay officer becomes 'the voice' and reads the caller's conversation to the other person.

**On the 26 May, 2006, the Honourable Tony McRae was sworn in as the new minister for Disability Services.**

"ACROD WA welcomes Premier Carpenter's announcement that \$18.1million will be provided over four years to assist with continence aid costs and bring WA into line with other States. The state Governments funding for this serious illness will help improve the day-to-day lives of many people with disabilities.

The announcement states that

"..... of the 1.8 million continence package, \$10.7 million will go towards providing continence product subsidies to seniors and adults who are health care or pension card holders and currently ineligible under other schemes. The remainder will go towards the establishment of a State Wide Continence Support Service to be managed by the Department of Health."

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***Life Support Equipment Energy Subsidy – Department of Treasury and Finance***

The Western Australian Government has introduced the Life Support Energy Subsidy to assist financially disadvantaged persons meet the electricity costs of operating certain items of life support equipment at home.

An applicant for the subsidy may be the client, the guardian or primary caregiver of a person who utilises the specified life support equipment at home. However, the applicant must hold one of the following concession cards.

- Pensioner Concession Card
- Health Care Card
- Health Care Interim Voucher

The subsidy is paid on an annual basis. You will be reminded to renew your application for the subsidy each year.

**For an application to be eligible, both of the following criteria must be met:**

1. **The specified home-based life support equipment was prescribed by an appropriate specialist/medical practitioner working in a specialist department of a hospital.**
2. **The prescribed life support system operates at the specified home address.**

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## How much is the Life Support Equipment Energy Subsidy?

Specified Life Support Equipment	Annual Subsidy
Ventilators (VPAP or BPAP only)	\$214
Oxygen Concentrators (Standard Capacity- adult)	\$408
Oxygen Concentrators(High Capacity "Newlife Intensity" – adult)	\$590
Oxygen Concentrators (standard capacity – child)	\$612
Feeding pumps	\$73
Suction Pumps	\$98
Apnoea Monitors	\$122
Heart pumps	\$193
Nebulisers – (child only - used every day for 1-2 hours per day)	\$24

***For more information regarding the Subsidy***

Address: Office of State Revenue  
GPO Box T1600  
8.00am to 5.00pm (Mon – Fri)

Telephone: (08) 9262 1373  
Fax: (08) 9262 1597

What wisdom can you find that is greater than kindness?

Jean Jacques Rousseau

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## Universal Taxi Reference Group

Are you interested in becoming a member of a reference group?

A member of People With Disabilities (WA) would like support to develop a proposal to introduce a **Universally Accessible Taxi**. The member believes that the long wait for a limited number of special vehicles may be alleviated if all taxis were accessible to people who use wheelchairs.

Anyone who is interested in becoming part of the reference group; please call Lisa Randall on (08) 9386 6477 or email [policy@pwdwa.org](mailto:policy@pwdwa.org)

### Companion Card:

### How to Get It



Companion Card is now available through ACROD WA at a cost of \$30 for a 3 year registration.

**To apply, telephone the Companion Card Information Line to request the Cardholder Handbook and the Cardholder Application Form to be sent to you.**

Telephone: 1800 617 337

Fax: 9242 5044

TTY: 9443 3107

Email General enquiries: [companioncard@acrod.org.au](mailto:companioncard@acrod.org.au)

[www.wa.companioncard.org.au/](http://www.wa.companioncard.org.au/)

### Who is eligible?

*Companion Card applicants must the following criteria:*

- 1. You live in Western Australia; and*
- 2. You have a significant, permanent disability, which may include issues related to ageing and psychiatric illness; and*
- 3. Due to the impact of your disability you would be unable to participate at most community venues or activities without attendant care support; and*
- 4. Your need for this level of support will be life-long.*

***Facilities, organisations or companions are not eligible to apply for a Companion Card. Cards will only be issued to, and will remain the property of,***

*Services for people who are deafblind or blind, with additional disabilities the person who has a disability. This enables the cardholder to choose whom they prefer to take as a companion to each venue/activity.*

## How to apply?

*The following steps outline what you need to do to apply for a Companion Card.*

- *Read the Western Australia Companion Card Cardholder Handbook to determine your eligibility.*
- *Complete a Companion Card Cardholder Application Form.*
- *Attach two, high quality, passport-sized photographs of yourself to your application form.*
- *Have both your application form and your photographs signed by the relevant Health Professional / Service Provider as outlined in the application form.*
- *Mail your form to the Companion Card program, which will process your information and inform you of the outcome of your application. The people involved in your application may be contacted to verify the accuracy of the information provided.*

The Staff at Senses Foundation (Inc.) would like to ensure that all individuals who are eligible for the Companion Card are aware of the application process. Staff at Senses Foundation Client Services can assist you in your application. Please contact a staff member if you require assistance.

*The Companion Card® is supported through the State Government of Western Australia, through the Disability Services Commission and Lotterywest. The Companion Card® is a registered trademark owned by the State of Victoria. © Copyright State of Victoria.*

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**Transperth SmartRider** System for people with disabilities is in the process of coming online. For further information refer to the Transperth Website on



<http://www.transperth.wa.gov.au/Default.aspx?tabid=639>

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Plant your Garden Source: *CHARGE Yahoo Group*

First, you come to the garden alone while the dew is still on the roses...

Plant three rows of peas:

1. Peace of Mind
2. Peace of Heart
3. Peace of soul

Plant four rows of Squash:

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

Plant four rows of Lettuce:

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

No garden is without Turnips:

1. Turnip for meetings
2. Turnip for service
3. Turnip to help one another

To conclude our garden we must have Thyme:

1. Thyme for each other
2. Thyme for family
3. Thyme for friends

**Water Freely with Patience and Cultivate with Love. There is much fruit in your garden because you reap what you sow.**

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